

# Sugarloaf Mountain

## STRONGHOLD INCORPORATED

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### CIRCUIT HIKES

#### BLUE (B)

##### Northern Peaks Trail

Starts at West View parking  
5 miles of nice scenery and hiking.

#### PURPLE (P)

Alternate route to White Rocks.

By itself, 1.5 miles.

As an alternate to Blue,  
adds 1/2 mile to total distance.

#### WHITE

##### Mountain Loop Trail

A 2 1/2 mile loop around the summit.

Add to the Northern Peaks Trail  
for 7 miles.

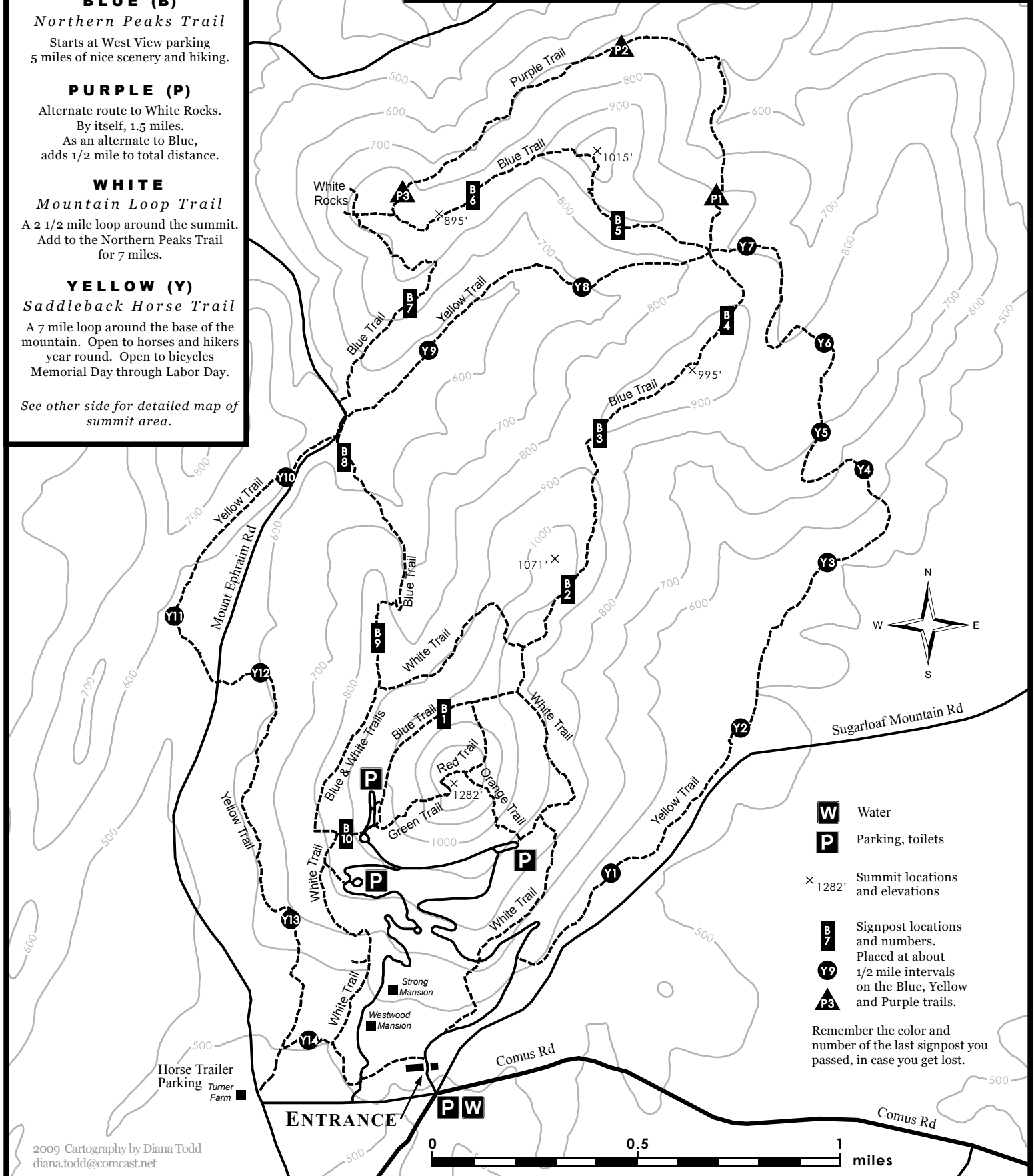
#### YELLOW (Y)

##### Saddleback Horse Trail

A 7 mile loop around the base of the mountain.

Open to horses and hikers  
year round. Open to bicycles  
Memorial Day through Labor Day.

See other side for detailed map of  
summit area.



**W** Water

**P** Parking, toilets

X 1282' Summit locations and elevations

**B 7** Signpost locations and numbers.

**Y 9** Placed at about 1/2 mile intervals on the Blue, Yellow and Purple trails.

Remember the color and number of the last signpost you passed, in case you get lost.

# Sugarloaf Mountain

**STRONGHOLD INCORPORATED**

Sugarloaf Mountain, a conservation/recreation area, is privately owned and managed by Stronghold, Inc. Visitors are invited to participate in the wide variety of outdoor recreation pursuits that include hiking, horseback riding, picnicking and nature study. The mountain is open every day of the year from sunrise to sunset. Darkness can come quickly on the mountain, so all visitors should arrange to be off the property by sunset. Please remember, all natural features are protected. Do not pick plants, disturb wildlife, or remove rocks. Dogs must be on a leash at all times. Fires and overnight camping are strictly prohibited. Alcohol is not permitted. Carry a cell phone if possible.

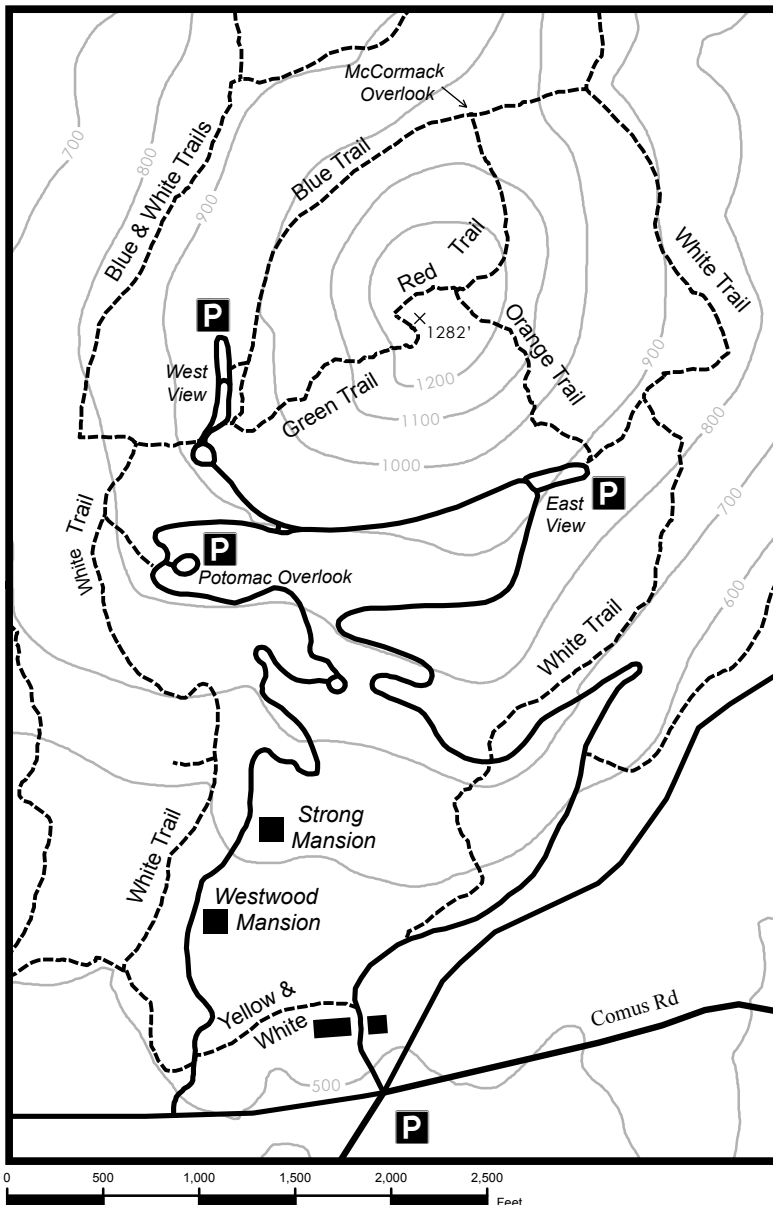
## NATURAL HISTORY

Geologically, Sugarloaf is known as a monadnock, a mountain that remains after the erosion of the surrounding land. Here, that process took approximately 14 million years. At an elevation of 1282 feet, Sugarloaf stands more than 800 feet above the farmland below. The rugged cliffs on the summit are composed primarily of quartzite, the predominant type of rock on the mountain.

The dominant tree species on Sugarloaf are the oaks of both red and white groups. These trees are being threatened by oak decline, a result of several factors of which the introduced gypsy moth is a part. Other trees include black gum, tulip poplar, black birch and eastern hemlock. The more than 500 species of plants include a variety of wildflowers, many of which can be found blooming during the warm weather months.

Whitetail deer are abundant on and around the mountain. Other mammals include flying squirrel, red fox, eastern cottontail and raccoon. The forest birds include the great horned owl, pileated woodpecker, wild turkey and red shouldered hawk. During the spring and fall, many migratory species of songbirds can be found.

PLEASE be aware that this is the habitat of the timber rattlesnake and the copperhead. LOOK! BUT DO NOT TOUCH!!



## Trail Blazes

Color indicates the trail you are on.

In some places, the White trail uses the same path as the Blue or Yellow trails.

A double blaze means a junction or sharp turn is just ahead.

Multipurpose trail.

Spur trail. Connects point of interest to nearby trail.

## Summit Area Trails

### GREEN

*A.M. Thomas Trail*

A 1/4 mile improved trail to the summit. The stone steps were built by Mr. Thomas, Stronghold's first superintendent.

### ORANGE

*The Sunrise Trail*

A steep 1/4 mile to the top.

### RED

*The Monadnock Trail*

Leaves the Northern Peaks (Blue) trail for a 1/4 mile hike to the summit.